

Grundy Gallop

COPPER **NOB**
BY THE POST

Count: 32

Wall: 2

Level: Improver

Choreographer: Jenny Rockett (UK)

Music: Sold - John Michael Montgomery



4 SHUFFLES TURNING A FULL CIRCLE LEFT

- 1&2 Shuffle step round left, right, left.
- 3&4 Shuffle step round right, left, right.
- 5&6 Shuffle step round left, right, left.
- 7&8 Shuffle step round right, left, right

SIDE TOUCHES LEFT & RIGHT

- 9 Touch left toe to left side
- 10 Step left foot in place
- 11 Touch right toe to right side
- 12 Step right foot in place

HEEL, TOE, SHUFFLE, HEEL, TOE, SHUFFLE

- 13 Tap left heel forward
- 14 Touch left toe back
- 15&16 Shuffle forward left, right, left
- 17 Tap right heel forward
- 18 Touch right toe back
- 19&20 Shuffle forward right, left, right

ROCK FORWARD, RECOVER, SHUFFLE BACK ROCK BACK, RECOVER, SHUFFLE FORWARD

- 21 Rock forward onto left foot
- 22 Recover weight in place on right foot
- 23&24 Shuffle backwards left, right, left
- 25 Rock back onto right foot
- 26 Recover weight in place on left foot
- 27&28 Shuffle forward right, left, right

STEP FORWARD, PIVOT ½, STOMP, STOMP

- 29 Step left foot forward
- 30 Pivot ½ turn right bringing weight forward on to right foot
- 31 Stomp left in place
- 32 Stomp right in place

REPEAT
