

That Awful Day

COPPER **NOB**
BY THE POUND

拍数: 40 墙数: 4 级数: Beginner
编舞者: Louise Elfvengren (NOR) - May 2010
音乐: That Awful Day - Rodney Carrington



Intro: Start at vocals

Section 1

STEP FW, TURN ½ LEFT, COASTER STEP, SCISSOR STEP, CHASSE LEFT

- 1-2 Step left forward, turn ½ left stepping back on right.
3&4 Step left back, step right next to left, step left forward.
5&6 Step right to right, step left next to right, cross right in front of left.
7&8 Step left to left, step right beside left, step left to left.

Section 2

¼ RIGHT SAILOR TURN, SHUFFLE FW, MAMBO ROCK FW, OUT-OUT-IN

- 1&2 Turn ¼ right while sweeping right behind left, step left beside right, step down on right.
3&4 Step left forward, step right beside left, step left forward.
5&6 Rock right forward, recover onto left, step down on right.
7&8 Step left out to left, step right out to right, step left beside right (weight on left).

Section 3

ROCK DIAG. RIGHT, WEAWE LEFT, ROCK LEFT, BEHIND, TURN ¼ RIGHT, STEP.

- 1-2 Rock right forward, recover onto left.
3&4 Step right behind left, left to left side, cross right in front of left.
5-6 Rock left to left side, recover onto right.
7&8 Step left behind right. Turn ¼ right stepping down on right. Step down on left.

Section 4

HEEL, HOOK, HEEL, FLICK, ROCKING CHAIR, HOLD.

- 1-4 Put right heel out forward, hook right across left, put right heel out forward, flick right back.
5-8 Rock right forward, recover onto left, rock right back, hold.

Section 5

HEEL, HOOK, HEEL, FLICK, WALK BW x 2, TURN ¼ LEFT, STEP.

- 1-4 Put left heel out forward, hook left across right, put left heel out forward, flick left back.
5-8 Walk backwards left-right. Turn ¼ left stepping forward on left, step down on right.
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